

2025/2026 DRAFT SCHEDULE

*Updated June 2

COLOUR LEGEND:			Recreational Program			Competitive Program			Ballet Program			Adult Program			Solos/Duos/Trios		
TIME	MONDAY	TEACHER	TIME	TUESDAY	TEACHER	TIME	WEDNESDAY	TEACHER	TIME	THURSDAY	TEACHER	TIME	FRIDAY	TEACHER	TIME	SATURDAY	TEACHER
STUDIO 1																	
3:30-4:30	Ballet Advanced 2+	Ms. Nicola	3:30-4:30	Ballet Advanced 2+	Miss Paige	3:30-4:30	Pointe Intermediate	Ms. Nicola	3:30-4:30	SDC Jazz Teen	Miss Katie	3:00-3:30	Pas De Deux Rehearsals	Mr. Tyler & Mr. Gio	9:00-10:00	Ballet Grade 3	Miss Paige
4:30-5:30	Ballet PBT Grade 3-4	Ms. Nicola	4:30-5:30	Ballet Pointe Advanced 1/2	Ms. Nicola	4:30-5:30	Ballet Grade 6	Ms. Nicola	4:30-5:30	SDC Jazz 1	Miss Katie	3:30-4:30	Ballet Partnering SR (Adv 1/2)	Mr. Tyler & Mr. Gio	10:00-11:00	Ballet Grade 5	Miss Paige
5:30-6:30	Ballet PBT Vocational	Ms. Nicola	5:30-6:30	Ballet PBT Grade 5-6	Ms. Nicola	5:30-6:30	Ballet Grade 8	Ms. Nicola	5:45-6:30	SDC Lyrical 3	Miss Katie	4:30-5:30	Ballet Partnering INT (adv Four	Mr. Tyler & Mr. Gio	11:00-12:00	Ballet Grade 4	Miss Paige
6:30-7:30	Ballet Grade 6	Ms. Nicola	6:30-7:30	Ballet Grade 7	Ms. Nicola	6:30-7:30	Ballet Interfoundations	Ms. Nicola	6:30-7:30	SDC Lyrical 5	Miss Katie	5:30-6:30	Ballet Grade 5	Mr. Tyler	12:00-1:00	Ballet PBT Grade 2-4	Miss Paige
7:30-8:30	Ballet Teen	Ms. Nicola	7:30-8:30	Ballet Advanced Found	Ms. Nicola	7:30-8:30	Ballet Intermediate	Ms. Nicola	7:30-8:30	SDC Jazz 4	Miss Katie	6:30-7:30	Ballet Interfound	Mr. Tyler	1:00-2:00	Ballet Grade 2	Miss Paige
8:30-9:30	Ballet Grade 8	Ms. Nicola	8:30-9:30	Adult Ballet Fitness	Ms. Nicola	8:30-9:30	Ballet PBT Grade 5/6	Ms. Nicola	8:30-9:30	SDC Jazz 8	Miss Katie	7:30-8:30	Ballet Grade 7	Mr. Tyler	2:00-3:00	Ballet Intermediate	Miss Paige
															3:00-5:00	SDC Junior Solos	ROTATING
STUDIO 2																	
3:30-4:30	Jazz Tech Teen	Ms. Belinda	3:30-4:30	Company Tech (3)/4/5	Miss Lauren	3:00-3:45	Wk 1. SDC Invitational Lyrical	Miss Lauren	3:00-3:30	Wk.2 SDC Invitational Lyrical	Miss Lauren	3:45-4:30	SDC Samba Tech 1/2	Ms. Heaven	9:15-10:00	Ballet Stars Ages 3/4	Ms. Halleigh
4:30-5:30	Jazz Tech 9	Ms. Belinda	4:30-5:30	Company Tech 6/7	Miss Lauren	3:45-4:30	SDC Jazz 9	Miss Lauren	3:30-4:30	SDC Invitational Jazz Line	Miss Lauren	4:30-5:15	SDC Samba 1	Ms. Heaven	10:00-11:00	Contemporary Ages 8/10	Ms. Halleigh
5:30-6:30	Jazz Tech 3	Ms. Belinda	5:30-6:30	Company Tech 8/9	Miss Lauren	4:30-5:30	SDC Lyrical 2	Miss Lauren	4:30-5:30	SDC Stage 3	Miss Lauren	5:30-6:30	Ballet Teen	Mr. Gio	11:00-12:00	Jazz & Lyrical 5-8	Ms. Halleigh
6:30-7:30	Jazz Tech 4/5/6	Ms. Belinda	6:30-7:30	SDC Contemp 9	Miss Lauren	5:30-6:30	SDC Lyrical 9	Miss Lauren	5:45-6:30	SDC Contemp 4/5	Miss Lauren	6:30-7:30	Ballet Grade 8	Ms. Heaven	12:00-1:00	SDC Junior Solos	Ms. Halleigh
7:30-8:30	Jazz Tech 8	Ms. Belinda	7:30-8:15	SDC Lyrical 7	Miss Lauren	6:30-7:30	SDC Jazz 2 Tech	Miss Jenna	6:30-7:15	SDC Jazz 6	Miss Lauren	7:30-8:30	Samba Open Ages 8+	Ms. Heaven	1:00-2:00	Tap Ages 9-13	Mr. Jakob
8:30-9:30	Jazz Tech 7	Ms. Belinda	8:15-8:45	SDC Samba Tech 2/3	Ms. Heaven	7:30-8:30	SDC Lyrical 6	Miss Jenna	7:15-8:00	SDC Contemp 8	Miss Lauren						
			8:45-9:30	SDC Samba 3	Ms. Heaven/Ms	8:30-9:30	SDC Lyrical 8	Miss Jenna	8:00-9:00	SDC Invitational Contemp	Miss Lauren						
STUDIO 3												1:20-1:50	Wk.2 Ballet PBT Advanced	Miss Paige	9:15-10:15	Ballet Pre-Primary	Miss Jessica
2:50-3:20																	
3:30-4:30	Ballet Advanced 1	Miss Paige	3:30-4:30	Acro Level 1 Ages 6-8	Miss Katie	3:30-4:30	Acro Level 1 Ages 6-8	Miss Katie	3:45-4:30	Ballet Stars Ages 3/4	Miss Jessica	3:30-4:30	SDC Contemp 7	Miss Paige	10:15-11:00	Ballet Stars Ages 3/4	Miss Jessica
4:30-5:30	Ballet Advanced Found	Miss Paige	4:30-5:30	Ballet PrePrimary	Miss Jenna	4:30-5:30	Jazz Ages 8/10	Miss Katie	4:30-5:30	Ballet Pre-Primary	Miss Jessica	4:30-5:30	SDC Ballet 6	Miss Paige	11:00-11:45	Ballet Stars Ages 3/4	Miss Jessica
5:30-6:30	Ballet Pointe Advanced Found	Miss Paige	5:30-6:30	SDC Ballet 2	Miss Jenna	5:30-6:30	Jazz Ages 11/12	Miss Katie	5:30-6:30	Ballet Grade 2	Ms. Sam	5:30-6:30	SDC Ballet 7	Miss Paige	12:00-1:00	Broadway Bound Ages 7-12	Miss Jessica
6:30-7:30		Miss Paige	6:30-7:30	SDC Jazz 2	Miss Jenna	6:30-7:30	Jazz Teen Ages 13+	Miss Katie	6:30-7:30	Ballet Grade 4	Ms. Sam	6:30-7:30	SDC Ballet 5	Miss Paige	1:00-2:00	Hip Hop Ages 7-10	Miss Jessica
7:30-8:30	Ballet Grade 4	Miss Paige	7:30-8:15	SDC Lyrical 4	Miss Jenna	7:30-8:30	Lyrical Teen Ages 13+	Miss Katie	7:30-8:30	Ballet Grade 5	Ms. Sam	7:30-8:30	SDC Contemp 6	Miss Paige	2:00-3:00	SDC Hip Hop 1	Miss Jessica
8:30-9:15	Ballet Pointe Beginner	Miss Paige	8:15-9:00	SDC Lyrical Teen	Miss Jenna	8:30-9:30	SDC Adult Jazz	Miss Katie	8:30-9:30	Ballet Interfound	Ms. Sam				3:00-5:00	SDC Junior Solos	ROTATING
			9:00-9:30	SDC Jazz 7	Miss Jenna												
STUDIO 4																	
			1:50-2:50	Wk.2 Ballet PBT NVSD	Ms. Nicola												
3:30-4:30	Ballet Primary	Miss Nicole	3:30-4:30	Ballet Advanced 1	Ms. Nicola	3:30-4:30	SDC Hip Hop 2	Miss Astrid/Mr. Gabe	3:30-4:30	Jazz & Tumble Ages 6-8	Ms. Heaven	3:30-4:30	SDC Ballet 3	Miss Marsha	9:00-10:00	SDC Junior Solos	Jenna/ rotatir
4:30-5:30	SDC Tap 1	Miss Nicole	4:30-5:30	Ballet Grade 2	Miss Paige	4:30-5:30	SDC Hip Hop 4	Miss Astrid/Mr. Gabe	4:30-5:30	Ballet Grade 1	Ms. Heaven	4:30-5:30	Ballet Primary	Miss Marsha	10:00-11:00	SDC Junior Solos	Jenna/ rotatir
5:30-6:30	Jazz & Tap Ages 6-9	Miss Nicole	5:30-6:30	Ballet Pointe Interfound	Miss Paige	5:30-6:30	SDC Hip Hop 3	Miss Astrid/Mr. Gabe	5:30-6:30	SDC Samba 2	Ms. Heaven	5:30-6:30	Ballet Grade 1	Miss Marsha	11:00-12:00	Acro Level 1	Mr. Jakob
6:30-7:30	SDC Hip Hop 5	Mr. Josh/Jevin	6:30-7:30	SDC Ballet 4	Miss Paige	6:30-7:30	SDC Hip Hop Tech (Lvl 4/5)	Mr. Gabe	6:30-7:30	Ballet Grade 3	Ms. Heaven	6:30-7:30	Ballet PBT Teen	Miss Marsha	12:00-1:00	Acro Level 2	Mr. Jakob
7:30-8:30	Hip Hop Ages 11-12	Mr. Josh/Jevin	7:30-8:15	Ballet Pointe Beginner	Miss Paige	7:30-8:30	Hip Hop Teen Ages 13+	Mr. Gabe	7:30-8:30	Samba Teen Ages 10+	Ms. Heaven	7:30-8:30	Ballet Grade 6	Miss Marsha	1:00-2:00	Ballet Primary	Mr. Gio
8:30-9:30	Hip Hop Teen Ages 13+	Mr. Josh/Jevin	8:30-9:30			8:30-9:30			8:30-9:30						2:00-3:00	SDC Ballet 1	Mr. Gio
															3:00-4:00	Ballet Grade 1	Mr. Gio
STUDIO 5- ** FORESTER LOCATION															9:00-9:45	Breaking & Hip Hop Beginner Ages 4-6	Mr. Magnus
	SDC Acro Line	Mr. Jakob/Miss				3:30-4:30											
3:30-4:30			3:30-4:30	Broadway Bound Ages 9-12	Miss Jessica		Jazz & Tumble Ages 6-8	Miss Jessica	3:30-4:30	Lyrical & Contemp Ages 11+	Miss Milaina	3:45-4:45	Jazz & Lyrical Ages 5-8	Miss Milaina	9:45-10:30	Breaking & Hip Hop Beginner Ages 6-9	Mr. Magnus
4:30-5:30	Acro Level 2/3	Mr. Jakob	4:30-5:30	Hip Hop Teen Ages 13+	Mr. Gabe	4:30-5:30	Broadway Bound Ages 5-9	Miss Jessica	4:30-5:30	SDC Stage 1	Miss Milaina	4:45-5:45	Hip Hop Ages 6-8	Miss Milaina	10:30-11:30	Breaking Intermediate Ages 10+	Mr. Magnus
5:30-6:30	Acro Level 1	Mr. Jakob	5:30-6:30	Hip Hop Ages 9-10	Mr. Gabe	5:30-6:30	Acro Level 2	Mr. Jakob	5:30-6:30	Stretch & Conditioning	Miss Milaina	5:45-6:45	Jazz & Lyrical Ages 9-12	Miss Milaina	11:30-12:30	SDC Breaking Girls Crew	Mr. Magnus
6:30-7:30	Acro Level 3	Mr. Jakob	6:30-7:30	Hip Hop Ages 11-12	Mr. Gabe	6:30-7:30	Acro Teen	Mr. Jakob	6:30-7:30	Hip Hop Ages 9-10	Miss Milaina	6:45-7:45	SDC Jazz 3	Miss Milaina	12:30-1:30	SDC Breaking Tech Class	Mr. Magnus
			7:30-8:30	Adult/Alumni Hip Hop	Mr. Gabe	7:30-8:30	Acro Level 3	Mr. Jakob	7:45-8:45	SDC Stage 2	Miss Milaina	7:45-8:30	SDC Jazz 5	Miss Milaina	1:30-2:30	SDC Breaking 1	Mr. Magnus
			8:30-9:30			8:30-9:30	SDC Contemp Teen	Mr. Jakob							2:30-3:30	Acro Level 4	Mr. Jakob
															3:30-4:30	SDC Acro 2	Mr. Jakob